



**St. Michael & All Angels**

CHURCH IN THE PARK | LIVING, LOVING, SERVING

# *Outlook*



**May 2016**

## Welcome to Your Church

The fact that you are reading these words suggests that you are a new reader of this magazine. Either you are a newcomer to this area or you are a visitor.

If you are a visitor, we hope that you have enjoyed your visit to our church; that you have found it interesting, instructive and conducive to prayer. If you are going to be here at one of our regular service times, we hope that you will join us in the worship of God and we ask that you take our greetings back to your own church.

If you are new to this Parish, we bid you welcome and invite you to join us and share in the fellowship of God's family in Hughenden. This magazine gives details of the regular times of worship here. We hope that you will find something to meet your spiritual needs. The printed word is cold and remote and we would like to make personal contact with you, so please leave your name and address in the box at the back of the church.

Whoever you are who reads these words, may God bless you, sustain you and protect you, your family and friends, now and always.

**Grant us Lord, faith to believe and strength to do thy will**

---

### **Outlook**

**Editorial team**

Sylvia Clark  
Bob & Jane Tucker  
Christopher & Jane Tyrer  
Brian Clark and team  
Internet

**Printing**

**Front cover picture**

Parish Website:

[www.hughendenparishchurch.org.uk](http://www.hughendenparishchurch.org.uk)

# May 2016



**Dear Readers,**

The children depicted on the front cover are more or less within their 'comfort zone'; having been told what to do and rehearsed, with adult guidance, prior to the public display. In addition they are all supported by the fact that other children are taking part.

Within the 10.45 service we have recently seen examples of children pushing themselves to go outside their comfort zone, and hence develop their skill sets within a safe arena (the congregation would not boo if they made a mistake!). We have recently experienced young people stepping up and reading from the Bible for the first time and others also planning and presenting the Intercessions in a very thought provoking way. Members of our congregation have also been involved recently with the 30<sup>th</sup> Scout and Guide Gang Show which contained many instances of young people developing their singing and acting skills, which again required courage and determination, and was also in a safe environment.

Our Lord specifically said " Let the children come to me" (Matt 14 vs 19) and so it is very pleasing to see our Sunday morning sessions with pleasing numbers of children, from Reception age to teenagers, attending and actively participating services, especially on 1<sup>st</sup> Sundays. Hopefully these young people, having had a go once, may eventually feel able to join the regular roster of Readers and/or Intercessors, contributing a valuable element to our worship.

I hope you agree with us that this month's magazine has lots of creativity, from poetry and cooking to knitting; as well as evidence of the great variety of activities coming up in the Parish in which we live.

**Jane and Bob Tucker**  
**Editors**

## NOT From the Vicarage – May 2016

Happy Easter! (with no apologies)

As you read this, any chocolate from Easter may be long forgotten. We are however still very much in the Easter Season which we continue to celebrate until Pentecost, falling this year on Sunday 15<sup>th</sup> May.

Thinking back to the very first Easter weekend, no one actually witnessed the exact moment of Jesus' resurrection - that moment he went from being dead and wrapped in a burial cloth – to being fully alive. It happened sometime after his body was placed in the tomb and before the early hours of Sunday morning.

After it happened, the Bible tells us of many 'resurrection moments', by which I mean the 'moment' an individual recognises the risen Lord for themselves

For Mary, crying outside the empty tomb, the 'moment' was when Jesus cuts through her grief and speaks her name. For the disciples hiding in fear in the upper room, the 'moment' is when Jesus walks through the locked door of their fear and breathes his peace on them. For

the disciple Thomas, the 'moment' happens a week later, when Jesus wipes away his doubt. For the two disciples, who have chosen to walk away from Jerusalem heading for the town

of Emmaus, it's the 'moment' when Jesus shares bread with them. For Peter (who denied knowing Jesus three times when it really mattered), the 'moment' comes when Jesus gives him the opportunity to declare his commitment three



times.

None of these 'resurrection moments' take place at the very moment of the resurrection, they are all afterwards, by varying degrees – perhaps only by minutes in Mary's case, but for the others it's hours, maybe days.

It's the same today. The resurrection was a historical 'moment', but the fact that it went unwitnessed means that each encounter with the risen Christ today is just as meaningful as the encounters that the disciples experienced. We live over 2000 years after the event, but we don't miss out, it is as real and fresh every Easter, every Sunday and potentially every

'moment' of every day.  
'Moments' when we find Christ speaking into our grief, walking through the locked door of our fear, wiping away our doubt....

Happy Easter, today, tomorrow and whenever something

enables you to grasp the new life that God offers you in the risen Lord Jesus Christ.

**Reverend Helen Peters**

## **Valley Friends Coping with Multiple Sclerosis**

Annette Abraminka, our speaker, has been confined to a wheelchair for 21 years yet is positive, enthusiastic, incredibly brave and optimistic, as well as charismatic. The youngest of four children, whose parents were hoteliers in Dorset; Annette married twice, and is now widowed; she has two children and four grandchildren, all living in America. At the age of 18 years Annette went for nursing training at St. Thomas's Hospital, then went to work for Americans in Germany, where she lived for 27 years. Annette explained that M.S is difficult to diagnose because it is so variable; even from hour to hour. It affects every patient in many different ways. The nerve covering is damaged causing difficulty with movement, thinking, talking, eating, breathing, etc. and walking becomes very wobbly. It is different for everyone; some patients have no visible symptoms and some become depressed.

Annette's first decision following her diagnosis was to take all the drugs and do the physiotherapy, plus every treatment available; but after some time she decided to stop all the drugs and just have the physiotherapy. She feels better now than she did fourteen years ago; but does not recommend her treatment regimen to everyone. The only treatment she now has is hyperbaric oxygen treatment which improves fatigue levels, mobility, numbness, tingling and tremors. She receives this treatment at the Chilterns Multiple Sclerosis Centre which is run as an independent charity. Annette is involved in the day-to-day running of the Centre and is surely a huge inspiration to all the patients.

The Centre assists in enabling patients to take part in many inspiring activities and adventures. Annette's advice is to be active within your own community, think about others and learn to do everything. She herself has written articles and poetry, and made a CD which, she played for us. Life becomes very precious and her words were 'Dare to dream and sail with the wind'. Through the charity Annette has had the opportunity to learn to sail on several occasions, on the Lord Nelson, where a mixed ability crew have been trained to do almost all that is necessary to sail the ship. Courage is needed to do this. The course requires living on the ship for a period of time and patients' confidence is built up with this training, which is for all ages. Annette says that she hasn't run out of challenges or dreams; her great sense of humour and optimism has carried her, and other patients, through many difficulties. She frequently travels to see her family in America but has decided not to be a responsibility to them by living there, or near them. Annette answered questions and showed us literature, then was thanked warmly for her inspiring talk.

Contact details for the Chilterns MS Centre are:

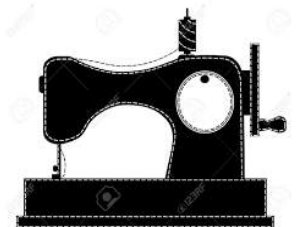
Tel: 01296 696133 or online at [www.chilternsmcentre.org](http://www.chilternsmcentre.org).

Address: Oakwood Close, Wendover, Bucks. HP22 5LX.

The Valley Friends' next meeting is on 6<sup>th</sup> May when the speaker is Barrie Twyman on 'The Work of an Auctioneer'. On 18<sup>th</sup> May we have an evening local ramble – all welcome.

## Workaid

On 2<sup>nd</sup> July between 10am and 12 noon at Hughenden Valley Village Hall car park, Valley Friends have arranged a collection of unwanted items which can be repaired to send to Africa to provide practical aid; and help transform the lives of some of those in need. Some suggested items are: old tools, sewing machines, mowers, bicycles, etc. For more information phone 01494 775220, or online at [www.workaid.org](http://www.workaid.org) or write to The Old Boot Factory, 71 Townsend Road, Chesham, HP5 2AA.



**Joan Steel**



**Press Release 20th April 2016**

## **Wycombe Sound Wins Licence to Broadcast**

Wycombe Sound, the not-for-profit radio station for High Wycombe, has been granted a licence from Ofcom to broadcast full time for the next five years.

Managing Director Chris Phillips says: "We're all absolutely delighted. After completing three successful pop-up broadcasts we're looking forward to putting the service onto a permanent footing. There's so much going on in this town, we want to share all the good news coming from our community."

Programme Director and presenter Philippa Sawyer says: "It's fantastic news, now we can put our plans into action. We've come a long way since 2013 and we've been overwhelmed with the support from listeners. We have over 70 volunteer broadcasters, technicians and reporters from all walks of life, and we welcome new members to the team. There are lots of opportunities to get involved, both in front of and behind the mic."

Wycombe Sound will broadcast a mix of local interest interviews and features, together with local news and phone ins. There will be lots of great music too, plus specialist programmes and outside broadcasts.

In 2015 the team moved into permanent studios in Bridge Street which also features The Radio Kitchen, and The Blue Room, a dedicated space for live bands, choirs and performers.

The team are now raising money to buy transmission equipment and

plan to be on air in the autumn. In the meantime you can hear them broadcasting online and via their App from events including Frogfest, Wycombe Comic Con and Dash For Dad.

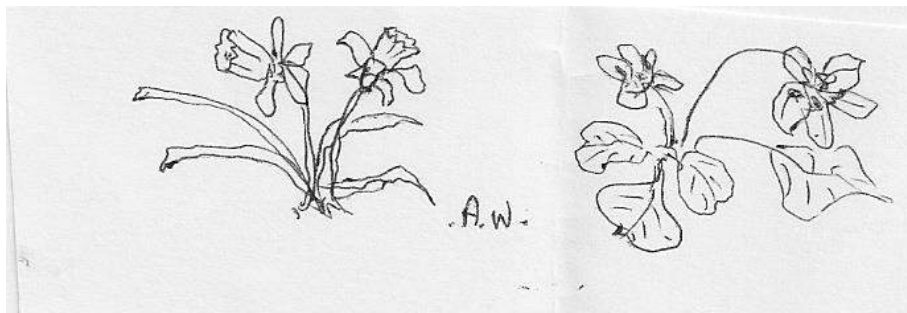
Visit [www.wycombesound.org.uk](http://www.wycombesound.org.uk) or call 01494 449900 for further information

## Spring Song

There's an orchestra of bees  
Humming in the blossom trees  
With a solo song by a lovely Robin  
In this delightful spring-time sun.

The gardens are lit  
With the torches of so many daffodils  
And the cat-like faces of the pansies  
Fill me with delight.

Thank God for our gardens  
They are such a lovely sight.

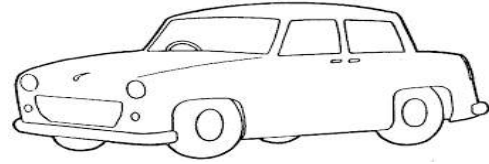




## May's Prayer Topics

8 <sup>th</sup> - Scouts/ Guides/Cubs /Brownies/ Beavers/ Rainbows	<ul style="list-style-type: none"> <li>- Thanks for the success of the Gang Show and the increased local profile it gives to Guiding and Scouting each year.</li> <li>- Thanks for the money that Gang Show raised for a charity very close to the heart of Gang Show - Karen's Big Smiles.</li> </ul>
9 <sup>th</sup> - Church Cleaners	<ul style="list-style-type: none"> <li>- Pray that all the users of the Church will respect the building and contents, and that all visitors to the Church will be able to enjoy its beauty and find peace there.</li> </ul>
16 <sup>th</sup> - Tiny Tots/ Hughenden Toddlers	<ul style="list-style-type: none"> <li>- For the deepening of friendship for those who attend every Thursday</li> <li>- Thank you Lord for 2nd Thursday Tiny Tots – for fun and friendship and hearing stories of God's love.</li> </ul>
19 <sup>th</sup> - Local businesses – Flora Couture/ Sun Bodies	<ul style="list-style-type: none"> <li>- Thanks for all their loyal customers</li> <li>- Thanks for two different businesses working successfully from the same premises</li> </ul>
21 <sup>st</sup> - Friendship morning	<ul style="list-style-type: none"> <li>- For those members who have suffered from poor health recently, that God will renew their strength.</li> <li>- That Friendship will always be able to find a way of providing transport to those who need help to be able to attend</li> <li>- Thanks for the wonderful support of the helpers.</li> </ul>
28 <sup>th</sup> - Deanery Synod/ Area Dean	<ul style="list-style-type: none"> <li>- For the Mission Action Plan that is being revised after all the parishes in the Deanery have revisited theirs</li> <li>- For the Parishes of Lane End with Cadmore End and Terrers as their Vicars retire this year</li> <li>- For the appointment of a new Archdeacon of Buckinghamshire</li> </ul>
Mission Prayer – Open Doors	<ul style="list-style-type: none"> <li>- For the parents of the Chibok girls who have now been missing for 2 years. Their parents say that it is only by the prayers of the whole world that they are surviving.</li> <li>- For the 200 girls kidnapped by Boko Haram that they can be released and returned to their families</li> </ul>
Weekly Prayer Target – Bell Tower	<ul style="list-style-type: none"> <li>- For inspiration on providing meaningful sessions, whilst coping with the great variance in numbers attending.</li> <li>- For consistency in attendance, if possible</li> <li>- Guidance on the future for this group</li> </ul>

## Road Rules for Drivers



1. Driving like fiends  
could mean arriving too early  
in Hell and damnation,  
a place without mercy!
2. Driving sloth-like, too slowly  
could send impatient overtakers  
and others,  
on a trip to the undertakers.
3. So keep to the speed limit;  
it's there for a reason,  
whatever the weather  
and whatever the season.
4. So do drive with awareness  
and patience in thought,  
as I'm sure you've been taught.  
Then you'll keep your road licence  
with no wretched points  
on a clean, healthy naught!

**Ann Way**

## 24/7 Prayer for Wycombe

Latest items of news from some of the ministries taking place in Wycombe just to keep you all up to date. First of all Lighthouse 2016 are starting to look for volunteers to help out at their sites in Wycombe, Cressex, Hazlemere and Beaconsfield. This is a Christian Holiday Club whose purpose is to teach children the good news about Jesus and making sure they have fun in the process. This takes place the last week of July from 25<sup>th</sup> to 29<sup>th</sup>, every day and with the added bonus of running Fresh Cafe for young people of secondary school age on Tuesday, Wednesday and Thursday evenings. If you have helped in the past you will, no doubt, have heard from their administration already, but if you feel you would like to be involved do head over to their website and see how you can help and complete an application form; no reason why you shouldn't have some fun too!

A fund raising event for the Wycombe Homeless Connection is taking place on Saturday, 21<sup>st</sup> May, at Davenies School in Beaconsfield in the form of a '70's Party'. Tickets are £25 and include a buffet meal, disco, quiz and raffle with an opportunity to

dress the part 'flares and tank tops'.

Heather Morley has been handing out flyers so if you would like to join in the fun I am sure she will point you in the right direction.



On Wednesday, May 4<sup>th</sup>, WHC will be holding their Annual Thanksgiving Celebration Service, thanking God for all he has helped them achieve during 2015. This service will be held in the Union Baptist Church on Easton Street at 7 pm for a 7.30 pm start, and their guest speaker will be Rev. Malcolm Hazell, Senior Pastor at the Union Baptist Church. If you would like to attend there is the car park strategically placed right next door to the church, and you are welcome to stay for refreshments afterwards.

The Kings Church, situated on Desborough Road, will be offering Parenting Courses in September/October. There are three age groups available, The Early Years, The Primary Years and The Teenage Years. All these courses are run by a qualified and

licensed parenting facilitator, using Positive Parenting materials produced by Care for the Family. These courses are available to all who are interested, so do watch this space for the specific dates. At the moment I am reliably informed that Time Out for Parents – The Teenage Years (for those parenting adolescents aged 10 to 15 years) will be taking place in October. I will give you more information as and when it becomes available.

Our committed prayer day this month is **Monday, May 9<sup>th</sup>** from 8 am to Tuesday at 8 am, and the

last hour of prayer in the prayer space will be 4 – 5 pm. The prayer space will be set up in Church House, and all the usual facilities will be available, including tea/coffee in the kitchen, should you require a hot drink. You will find the sign-up sheet and Prayer Points for the month on the table at the back of the Church, in a literature holder, so prayerfully consider signing up for an hour, or part of an hour, bringing our town, and the ministries taking place there, before God.



**Yvonne Cook**

## Passing Summer

Grass ripples - bees hum  
In honeyed clover;  
Summer's come.

Heavy scented, leafy green  
At last - in beauty -  
Summer's seen.

Sun kissed, golden tone  
Comes Amber Autumn;  
Summer's flown.



**Ann Way**

# May Recipe

## Spanish Risotto

Chicken is a great favourite of mine for a family Sunday lunch, and there is often quite a bit left over so, this is a good Monday meal, made from the leftovers. Do try it!

### Ingredients

2 tblsp olive oil  
1 large onion finely chopped  
12 oz risotto rice  
4 oz chopped mushrooms  
2 glasses of red or white wine (preferably white)  
2 pints chicken stock  
1 red pepper (deseeded and chopped)  
Pepper and salt  
6 oz cooked chicken, chopped  
4 oz chopped ham  
2 oz prawns  
4 oz peas  
1 oz butter  
1 tsp dried mixed herbs  
Grated Parmesan cheese



### Method

Heat oil in a large, fairly deep frying pan, add the chopped onion, and fry for about half a minute, until translucent. Add the rice and the mushrooms and cook for a minute or two more until the rice is also translucent. Pour in the wine, and cook until it has almost all evaporated. Pour in half the stock and the chopped pepper and seasoning. Cook uncovered until the rice is dry but not sticking. Add the remaining stock, chicken, chopped ham, peas and prawns and cook for a few more minutes, until the rice is tender and has absorbed most of the moisture (it should be a creamy consistency). Add the butter and the herbs, stirring well, then transfer to a suitable serving dish. Sprinkle the Parmesan cheese over the top, and accompany the risotto with some nice crusty bread and salad. It is delicious!

**Ann Way**



**South Bucks Hospice**  
Affirming life with palliative care

## Mothers' Union

The speaker at our April meeting was Jo Woolf, Chief Executive of the South Bucks Hospice. Jo, who has a background of many years of advanced nursing both here in the UK and in several other countries, told us about the building, which has already commenced, of a new Community Hospice on the site of the old Kingswood Middle School in Totteridge, High Wycombe, a very exciting project. This has grown from the original Edie Pusey House, named after its founder, which has been the home of the Hospice for 22 years.

The word 'hospice' is very often perceived as a place where people go to die but this is very far from the case. People now receive an enormous amount of care and support to enable them to lead as full a life as possible, for as long as possible.

Jo said that the UK is a haven of care and compassion and one of the top four countries in giving in the world. However, we have an ageing population with ever increasing needs. Dying, she said, is a complex, personal journey, unique to each individual. As a Day Hospice, people will be helped to live their lives as fully as possible with pain management, clinical care, emotional and spiritual wellbeing. It is important for people to have space to explore what they need to explore. The Hospice provides practical and psychological care as well as clinical and therapeutic services. It looks after an area of 230,000 people, over half of whom will be over the age of 80 in the next decade. 'So', Jo said, 'we are responding with courage and creativity.'

Jo's initial thoughts on becoming Chief Executive were to take out the beds, a new concept in the care of people with life-limiting illnesses. In the new facility comfortable seating is provided for those who wish to spend the day at the centre or for those who are just visiting for appointments. A number of rooms will accommodate the

various services and there will also be an orangery and a beautiful garden, very important features.

Several charities were invited to 'give a pitch' to share in some of the money left in a legacy, the Hospice being one. Jo applied, giving details of what would be done with the money and what the plans were. The vision she had for the Hospice must have been the right one as she received a phone call telling her they had been given £1.8 million. They carried on fund raising, bought the land, got planning permission, awarded a tender to Jarvis Contracting Ltd who have begun building and at present the construction is about 6ft up from the ground. The total build cost of the new Hospice is £3.66 million. So far £2.1 million has been raised so fundraising is ongoing.

Jo is privileged to be working with Michael Bowker, the Chairman of the Board of Trustees who is very inspirational and supportive. She asked Mr Bowker to come up with a Mission Statement and this is: **"Affirming life with palliative care"**. The word 'palliative' means to lessen pain. Today the diagnosis of cancer is not as alarming as it once was and survival rates can often be 5, 20, even 40 years. The number one priority is to care for patients while supporting their families. The new Community Hospice will have the facilities to care for a greatly increased number of patients, including young adults who have life-limiting illnesses. There will be various clinics, for example a Lymphoedema clinic, as well as holistic and clinical services. Patients will visit to receive various forms of treatment, services or therapies designed to make their day-to-day living more comfortable and to learn coping strategies.

This year £150,000 was allocated for a new psychotherapy service. It is envisaged that this service would involve the whole family, which is so important. The therapy will be there for as long as needed. There is a chaplaincy project and there are now 15 chaplains committed to the South Bucks Hospice. A chaplain comes every day and is warmly welcomed as part and parcel of the services on offer. It should not make a difference whatever religious group you belong to – you should be able to gain comfort from whoever is there in the building.

Jo told us 'Our aim is that we will have the courage, leadership and compassion to make sure we listen to what our patients would like us to do, and not what we are requested by government to do. We will shortly be able to see a much greater number of patients per month than we do at present. People will come into the building and access what they need and then go home. We have received generous donations from organisations and small business, as well as from members of the public and we will continue to need help to build up these services. What we are doing today is our future.'

A newsletter and introductory booklet are available in the leaflet rack at the back of the church, also information about volunteering which is vital to the work of the Hospice.

Next month's meeting is on 3<sup>rd</sup> May in Church House at 7.30pm when the speaker, Joy Tobler, will be talking about 'The Bible in Brazil'. Our meetings are always open to anyone who would like to come.

**Sylvia Clark**

## **SAVE OUR SHOP**



Dear Members and supporters,

The members of the Shop Committee have been busy dealing with the aftermath of the burglary and arson at the shop, and are now in a position to let you know some news and appeal for help.

The week after the fire we were contacted by an officer of Wycombe District Council, who very kindly offered us a used modular building that was about to be demolished. The building is a great offer; it would be secure, ideal in size and would be a fantastic



amenity for the village. It could be linked to the current cabin in order to create an L-shaped building, in front of the play area, which would house a shop and coffee shop in its current location. The building would be clad to match the cabin, and the Village Hall Committee has given its blessing, and authorisation, to locate the new building on the current site.

HOWEVER the building (currently at Cressex) was due to be demolished last week and the Council has stated that it is only able to hold on to it for a couple of weeks at the most! Furthermore, one quote to dismantle, transport from its current location and rebuild could be in the region of £18,000, but such a good opportunity deserves the best efforts to secure it.

Therefore, in true 'DIY SOS' style, we are most urgently seeking a company that would be willing to donate its time and resources in order to dismantle, transport, and rebuild the WDC building.

We will also need - whichever new build option we go for - builders, decorators, plumbers, carpenters and many other skilled tradesmen, to help fit out the shop and cabin; and we are asking if anyone with any of these trades can offer their time and skills to help us?

In support of our cause, Heart of Bucks has set up a Local Giving campaign page in order to raise awareness of our situation and appeal for time, skills and donations to help rebuild the shop.

**It would be great if we could re-open in time for our  
7<sup>th</sup> anniversary in May!**

We really need as much help as possible; so if you are able to help in any way, please either make a donation via the 'Local Giving' scheme ([www.localgiving.org/appeal/HVSOS/](http://www.localgiving.org/appeal/HVSOS/)) or contact Louise regarding an offer of direct support ([shopmanager@valleyshop.org](mailto:shopmanager@valleyshop.org)). We also ask that you pass the above link onto as many people you know as possible via email or social media #HVSOS.

We welcome any comments, positive or negative, regarding the plans, so please contact us if you wish to comment.

We THANK YOU in advance of your support in bringing your new shop to life, and we look forward to hearing from you soon.

**The Village Shop Committee**

# Women's World Day of Prayer - 4<sup>th</sup> March, 2016

The morning service took place at the Union Baptist Church in High Wycombe, and the afternoon one was held in St Michael and All Angels. This year the service was written by the women of Cuba, and the text was "Receive Children, Receive Me"

Our Church Community read all the parts, and our Music group played the hymns and music.

Rev Helen Peters warmly welcomed everyone to a packed church. All were presented with a paper flower on which to write his or her own name. Different items relating to the lives of Cuban women were carried to the front, and placed on a table, so that they could be seen by



everyone; namely a Bible; a bowl of provisions; a mobile phone; a candle; a pair of maracas and a piece of sugar cane. The Old Testament reading was from Isaiah and the Gospel was from Mark, telling of Jesus blessing children in defiance of the dismissive attitude of His disciples.



A Reflection on the Reading and picture on the poster of the clasped hands of a white woman and a black child was sensitively led by David Tester. During the pauses there was total silence and stillness in the Church, everyone was touched and moved by the images evoked by the relationship between the woman and the child.

Music figured prominently in the service; in addition to the eight hymns there were sung responses to the prayers of praise. Following the final hymn "The day thou gavest Lord is ended", which embodies the International Spirit of this service that takes place in 170 countries embracing the prayers of three million people.

Following the Benediction and a sung chorus of "Peace" the service ended. As the congregation left the Church the butterfly paper flowers, which had been blessed at the Offertory, were distributed so that each individual could pray for the person named on it.

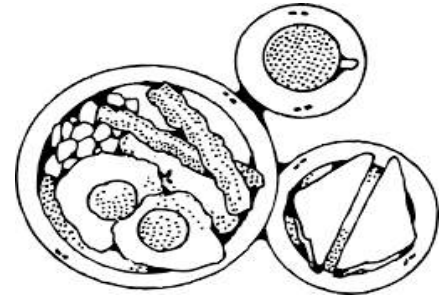
Delicious refreshments were served at the back of the Church, as people joined in Fellowship, old friendships renewed and new ones made.

St Michael's raised £227 for the charities supported by WWDP.

**Barbara Wilson and Alison Gieler**

## The Men's Breakfast

The Men's Breakfast, held in Church House on Saturday 27<sup>th</sup> February was very pleased to welcome Helen Peters, our very own Associate Minister, as its invited speaker. Once a 'male only' preserve, she must have felt a bit like Daniel entering the lions' den; the gender contradiction notwithstanding. However, if that was ever the case, it was soon dispelled, as Helen



relaxed into her role and provided a very honest, open, engaging, and at times, humorous, account of her road to priesthood.

Her parents suffered the loss of two children in infancy when Helen was very young. Too young at the time to understand the full impact of these traumatic events on her family, she was aware of the inherent sense of loss and sadness that accompanied them, at the time and throughout her childhood. At one point the family moved north where her 'posh accent' resounded in stark contrast to the 'ee-by-gums' of other children. Other 'confessions' included her keeping a diary until she was thirty (indicative of her reflective nature), anxieties about death and frequent cycling holidays.

At 16 she recalled experiencing an overwhelming sense of spirituality, of being loved by God. Likening it to Jeremiah, she felt that God had a plan for her. However, from the age of thirteen she wanted to be a Speech and Language Therapist, and found a placement in Edinburgh where she had a great time (her words). Following successful completion of her studies she found employment as a therapist in High Wycombe, and, in search of a church, following a pub-lunch, found a warm welcome at St Andrews. There she quickly became involved with children's groups and attended New Wine events.

Over time, the deep spiritual feelings she sensed as a teenager intensified and the idea of a full time role in the church began to form in her mind (and heart). Around 1992 this desire had taking definite shape of a calling to Ordination. She understood that the road before her would be long, and at times difficult and arduous, but it was a journey she was prepared to undertake. She sought advice and guidance before, and during, the process, which sadly ended with rejection. At this point her husband Richard entered the story. He had proposed to her the week before her interview and the

panel (let's give them the benefit of the doubt here) felt that she needed to put her 'obvious' energies into the early years of her marriage. (At this point I felt very un-Christian in thinking her loss then, is our gain, now). Putting her disappointment behind her, Helen got more involved with the church and her marriage (two beautiful children followed) and the family took up a new residence in Great Kingshill.

In 2006, she attended a Grow Leadership course, which included a spiritual MOT; part of which asked the question, "What are the four hardest things God could ask you to do?" In giving this her deepest thought, Helen resolved to follow her conviction that God was calling her to Ordination. With Simon's backing, and the support of her family, she undertook the daunting process once again. This time, as God willed, and to our great benefit, she was successful in her interview and her studies. Helen was ordained at St Michael and All Angels.

Helen's talk was followed by a brief question and answer session before she received a hearty round of applause, and many thanks, from her appreciative audience.

**Roger Grant**

## **Good Companions**

Our March meeting welcomed, as guest speaker, Eric Ross, a volunteer at Hughenden Manor and estate resident. His subject was the top secret activities in the manor during the war; which have only recently been made public, involving the preparation of maps, based on photographs taken by aerial reconnaissance, of strategic potential targets for bombing raids. Several copies, and one original, were on display. The maps made then, were equal in accuracy to those that could be made now assisted by modern technology. Thanks to our speaker for an informative talk about one of the strategies that may well have helped us win the war.

On March 15<sup>th</sup> a party of members met for lunch at the Black Lion pub in Naphill, escaping the kitchen and enjoying a meal in pleasant company. Our thanks to Pat Furness for making the necessary arrangements.

Our April meeting saw a return visit from Mike Dewey with his photographic collection showing Wycombe in the period after the

war up to about 1975, with some of Wycombe's more famous former shops, the construction of the hospital and Abbey Way, and all the alterations we have seen take place. A nostalgic reminder of how things were in those days, which prompts the usual question: is change necessarily equated with improvement. Everyone will of course have their own opinion.

Our May meeting, not affected by the election on that day, will be a musical afternoon with a welcome further visit by Chiltern WI Singers.

**Michael Harris**

## **Have Your Say meetings**

At Have Your Say meetings, you can meet your local Neighbourhood Policing team and discuss your concerns about issues in your area. The meetings are held across the neighbourhood at locations and times convenient to you.

The next HYS event will be :-

Saturday 7<sup>th</sup> May 14.00 – 15.00 at The Green Gt. Kingshill

## **News from Christians in the Community**

Thank you to those who came to our Coffee Morning lately - we raised nearly £200!.

With the Napfest coming up in June have you any garden plants that you could separate or any seedlings you could pot up – we are going to have a plant stall and would welcome any donations. Our next meeting will be on Tuesday 17<sup>th</sup> May at 9.45 am at my house – phone me for details, if you would like to come.

**Norma Clarke 563116**

## **MU Lady Day Service 'A Celebration of Faith'** **St James' Church, Gerrards Cross**



Mothers' Union members from many parts of the Diocese attended the Lady Day Service on 4<sup>th</sup> April. St James' is a beautiful church which looks old on the outside but is spacious and modern-looking inside. Hughenden members were asked to act as stewards, greeting people and showing them to their seats; advising them where the facilities were; where to get a cup of coffee, etc. This was something of an act of faith on the part of Hughenden as none of us was familiar with St James', so it was a case of trial and error!

The service began when the various MU banners were processed in during the singing of the first hymn. Bishop Andrew Proud, Bishop of Reading and MU Central Chaplain lead the service during which Alison Bennett was commissioned as Diocesan President of the MU and Area Vice-Presidents were also commissioned; one being our own Norma Clarke. The Bishop, who said he would speak for fifteen minutes, talked about Mary who, as a fourteen year old girl, was told she was to be the mother of Jesus and wondered how differently this news would be received today. He concluded his talk as the clock struck 11.00 – exactly fifteen minutes later! Rev'd Lady Denise Brown, MU Chaplain and Rev'd Di Rowlandson, Curate of St James' assisted with administering Holy Communion, while Hughenden MU members were again called upon to guide people to the three stations for Communion. Despite one or two small collisions, all went well and the service continued with some lovely hymns, readings and prayers.

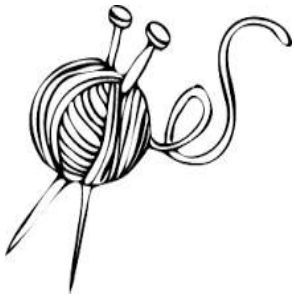
Afterwards members met in Gerrards Cross Community Centre for a sumptuous shared lunch, followed by group discussions. The new Area Vice Presidents moved from group to group, giving information about themselves and answering questions. It was a lively afternoon with much sharing of views and ideas. Finally everyone joined hands to share The Grace.

Later the Hughenden branch members were congratulated on their organisational skills, which had helped make the day go smoothly. I don't know that we had felt that way at the time, but faith saw us through!

**Sylvia Clark**

# Knit and Natter Group

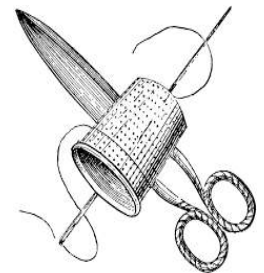
**1<sup>st</sup> Wednesday of the month – 13.00 – 15.00**



The South Bucks Hospice Knit and Natter group meets in Church House every month with the objective of creating items that can be donated to the South Bucks Hospice charity shops, for sale. There are members present who are experienced knitters and are happy to assist those who haven't

knitted since childhood. Hazel Lowe reports that she was a bit apprehensive when she went along as she hadn't knitted for over 50 years, and had to be shown how to cast on; but is now getting back into the swing of knitting and thoroughly enjoys the sessions.

The group makes anything from baby clothes to knitted toys, but will also welcome anyone who wants to work on items using any craft technique; crochet, cross stitch, tapestry, and also paper crafts or jewellery etc. The group have a cup of tea or coffee to keep them going and chat about just about anything. Occasionally the manager from the charity shop will pop in and give an update on what is selling well and how the fund raising is going.



**The next meeting will be May 4<sup>th</sup> at 13.00 in Church House.**

## Communicants – March

Sundays:

6<sup>th</sup> 20 + 41 = 61  
13<sup>th</sup> 19 + 77 = 96  
20<sup>th</sup> 22 + 47 = 69  
27<sup>th</sup> 39 + 42 + 125 = 206

Weekdays

Tuesday in Holy Week 10  
Wednesday in Holy Week 9  
Maundy Thursday 27

## **Social and Outreach Committee Sunday Lunch BBQs from 13.30**

26 <sup>th</sup> May	The Godfrey's
26 <sup>th</sup> June	The Thompson's
31 <sup>st</sup> July	The Hawkin's
18 <sup>th</sup> Sept	The Mackeown's

Signup sheets, with address details, will be provided, on the Church noticeboard, in advance of each event. Please add your name if you plan on coming; and also indicate if you need a lift or can offer a lift to others.

Food will be provided, but if anyone wants to bring donations to share, please add this to the sign-up sheet.

There will be no set format for these events which are intended to allow opportunities for Church members – especially families – to get together socially.

If you have any ideas about how these events can be expanded please let the Social and Outreach committee know.

**Patrick Mackeown**

## **Lighthouse**

**Monday 25<sup>th</sup> July - Friday 29<sup>th</sup> July 2016**

Get the summer holidays off to a great start with a Christian holiday club for primary school aged children.



Volunteers always needed and welcome!:

[www.lighthouseadmin.org](http://www.lighthouseadmin.org) [www.lighthousemissenden.org.uk](http://www.lighthousemissenden.org.uk)



## Good Friday Walk of Witness and 'litter pick'

In the spring sunshine at 9.00 on Good Friday a group of about 10 walkers, carrying the cross; plus various litter picking devices and dustbin sacks; paused for an initial Bible reading and prayers before we set off along the valley. Organised by Christopher Tyrer we were told when to stop, and at each stop a selection of people read passages of scripture, going through the story of Good Friday, as well as prayers, for each particular part of the valley and the residents there.

At each stop the cross carriers were swapped and when I was carrying the back of the cross I found myself reflecting on how heavy it was. I was glad when I could see the point when I knew someone else would take-over, but Our Lord carried a much heavier (solid wood) cross and did not have anyone to swap with. He also carried it for far longer than I did, and I am also sure His cross was not smooth as was ours, so that it bit into his flesh.

A great variety of pieces of litter were collected from each side of the road, gutters and ditches. We collected litter obviously dropped by runners (water bottle cap strips as well as empty bottles), crisp packets probably dropped by children – prompting comments from the more 'senior' walkers about being told as children to 'Put it in your pocket and take your litter home'! We also picked up pieces of vehicles which had obviously fallen off in transit. As we progressed through the valley we were joined by additional walkers and over time some bags of litter became so heavy they were tied off and allocated to the stronger men to carry.

The prize for the youngest 'cross carrier' went to Noah Brewer who carried the back whilst his Dad Tom carried the front. Noah was not put off by the fact that he needed to carry it with arms up at full stretch (as opposed to resting on the shoulder for adults) and willingly carried it as far as was necessary for that section of the route.

The Brewer family also won the prize for the biggest piece of litter, when Oscar found a piece of a vehicle that was almost as big as he was, but he determinedly 'man-handled' it into a bag. In total 20 black bags of litter were picked up that morning. In addition the numerous people passing on foot, bicycle or car who saw us, also hopefully realised the significance of our action and the fact that it was Good Friday.

**Jane Tucker**

## **Accommodation Wanted**

Accommodation in the High Wycombe area needed for a single lady who works for Wycliffe Bible Translators. Ideally an annexe/granny flat rather than a house-share. If you can help with this please contact Hilary at [hgreenwoodh@gmail.com](mailto:hgreenwoodh@gmail.com)

## **From the Parish Registers**

### **Holy Baptism**

On Sunday 10<sup>th</sup> April: Aiden Robert, son of Robert and Laura Woodley from Downley

### **Holy Matrimony**

On Saturday, 2<sup>nd</sup> April: Alexander Laurence Kassner to Leila Catherine Blackburn

On Saturday, 9<sup>th</sup> April: Brian Edward Heath to Natalie Anne Buss

### **The Departed**

Clarence Henley Edmiston Challenger, aged 86

## Church Calendar May 2016

Sun	1	<b>6th Sunday of Easter</b> 8.00 am Holy Communion (Book of Common Prayer) 9.00 am Sung Communion 10.45am All Age Family Service 2.15 pm Church House Teas 6.00 pm Evensong (Book of Common Prayer) (no sermon)
Mon	2	<b>Philip &amp; James, Apostles</b> Please note that there will be no communion service here today. 2.15 pm Church House Lunches and Teas
Tue	3	10.00 am Visiting bellringers: Church Tower 7.30 pm Mothers' Union: Church House
Wed	4	1.00 pm Knit and Natter: Church House
Thu	5	<b>Ascension Day</b> 9.30 am Toddler Group: North Room 7.30 pm Sung Eucharist and Buffet Supper
Fri	6	9.30 am Private booking: Church House 8.00 pm Arts Festival "Great Fire of London"; Church
Sat	7	10.00 am Private booking: Church House
Sun	8	<b>7th Sunday of Easter</b> 8.00 am Holy Communion (said) 9.00 am Matins (Book of Common Prayer) 10.45am Family Communion with JC club 2.15 pm Church House Teas 6.00 pm Evensong (Book of Common Prayer) (no sermon)
Mon	9	7.30 am 24 hours of prayer for High Wycombe: Church House
Thu	12	9.30 am Toddler Group: North Room 10.30 am Tiny Tots' Service: Church
Fri	13	10.30 am Visiting bellringers: Church Tower
Sat	14	<b>Matthias the Apostle</b> 8.00 am Prayer breakfast: Church House 9.00 am Holy Communion: Church 11.30 am Visiting bellringers: Church Tower 1.30 pm Wedding: Julia Bone and Francis Gater 4.00 pm Visiting bellringers: Church Tower
Sun	15	<b>Pentecost</b> 8.00 am Holy Communion (said) 9.00 am Sung Communion 10.30 am Informal Family Service with JC Club 6.00 pm Evensong (Book of Common Prayer) (no sermon)
Thu	19	9.30 am Toddler Group: North Room 10.30 am Friendship morning: Church House
Sun	22	<b>Trinity Sunday</b> 8.00 am Holy Communion (said) 9.00 am Matins (Book of Common Prayer) 10.45am Family Communion with JC club 2.15 pm Church House Teas 6.00 pm Evensong (Book of Common Prayer) (no sermon)
Wed	25	8.00 pm Arts Festival Harp and flute recital: Church
Thu	26	<b>Day of Thanksgiving for the Institution of the Holy Communion (Corpus Christi)</b> 9.30 am Toddler Group: North Room 7.30 pm Sung Eucharist: Church
Fri	27	2.00 pm Visiting bellringers: Church Tower
Sun	29	<b>1st Sunday after Trinity</b> 8.00 am Holy Communion (said) 9.00 am Matins (Book of Common Prayer) 10.45am Family Communion with JC club 2.15 pm Church House Teas 6.00 pm Evensong (Book of Common Prayer) (no sermon)
Mon	30	<b>Bank Holiday Monday</b> 2.15 pm Church House Teas
Tue	31	<b>The Visit of the Blessed Virgin Mary to Elizabeth</b> 10.00 am Holy Communion: Church

# The Lectionary – May 2016

Date	Lesson	Readers		
		8.00 am	9.00 am	10.45 am
<b>1st</b>	<b>6<sup>th</sup> Sunday of Easter</b>			
	Ezekiel 37, 1 – 14	A Johnson	B Brice	
	Acts 16, 9 – 15	P Hynard	H Farrar-Hockley	S Clark
	John 14, 23 – 29 or John 5, 1 - 9	Priest	Priest	
	Evensong (First of Ss Phillip & James)			
	Psalm 25			
	Isaiah 40, 27-end	E Bailey		
	John 12, 20-26	A Johnson		
<b>8<sup>th</sup></b>	<b>7<sup>th</sup> Sunday of Easter</b>			
	Ezekiel 36, 24 – 28	L Smit	R or A Gee	J Tucker
	Acts 16, 16 – 34	J White	L Stallwood (check	K Williams
	John 17, 20 – 26	Priest	which lesson)	Priest
	Psalm at 9 am: 97			
	Evensong: Psalm 68			
	Isaiah 44, 1 - 8	M Morgan		
	Ephesians 4, 7 – 16	S Brice		
<b>15<sup>th</sup></b>	<b>Pentecost (Whit Sunday)</b>			
	Genesis 11, 1 – 9	J Wilson	C or J Tyrer	Leader
	Acts 2, 1 – 21	J White	J Palmer	
	John 14, 8 – 17 ( or - 27)	Priest	Priest	
	Evensong: Psalm 33			
	Exodus 33, 7 - 20	B Brice		
	2 Corinthians 3, 4 - 18	AJ or L Smiot		
<b>22<sup>nd</sup></b>	<b>Trinity Sunday</b>			
	Proverbs 8, 1 – 4 & 22 – 31	C Carter	D or H Lowe	J Steel
	Romans 5, 1 – 5	J Dauncey	E Sadler (check	A Dean
	John 16. 12 – 15	Priest	which lesson)	Priest
	Psalm at 9 am: 29			
	Evensong: Psalm 73			
	Exodus 3, 1 – 15	L Stallwood		
	John 3, 1 – 17	E Bailey		
<b>29<sup>th</sup></b>	<b>1<sup>st</sup> Sunday after Trinity</b>			
	1 Kings 8, 22 – 23 & 41 – 43	J Holmes	A Jaycock	P Joy
	Galatians 1, 1 - 12	S Badrick	A Moore	S Devereux
	Luke 7, 1 - 10	Priest	which lesson)	Priest
	Psalm at 9 am: 96			
	Evensong Psalm 39			
	Genesis 4, 1 - 16	B Doran		
	Mark 3, 7 - 19	L Smit		

## Regular Meetings and Organisations



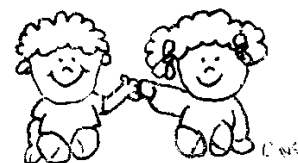
### Friendship Morning

This is a get together in Church House on the 3rd Thursday each month at 10.30 a.m. It is primarily for those who are bereaved, who live on their own, and for those who are lonely. The emphasis is very much on companionship, and the atmosphere is light and cheerful. Please contact me if you think this is for you.

**Penny Austin – 01494 529596**

### Babies & Toddlers @ St. Michael's

Babies and Toddlers @ St. Michael's meets every Thursday in term time from 0930 -1130 **in the North Room**. Come for chat, play, craft and refreshments.



Included, every **SECOND** Thursday of the month, will be 'Tiny Tots', a time of fun worship in Church.

**For details contact Helen Peters – [helen.peters@peters-research.com](mailto:helen.peters@peters-research.com)**

### House Groups

A variety of house groups meet throughout the week: for days and times, or for **further information contact Helen Byrne - [helenbyrne67@googlemail.com](mailto:helenbyrne67@googlemail.com) or 01494 564342.**

### Young People's Groups @ St Michael's

**CYFA** (School years 10+) Alternate Sunday evenings in term time.

**FLASH** (School years 7-9) Monthly Sunday evening in term time.

#### **AWESOME AND ACTIVE**

**(AAA)** (School years 4-6) Monthly Sunday: teatime in term time.

**For dates of meetings for all groups and further details contact Rebecca Hawes - [rebecca@wycombeyfc.org.uk](mailto:rebecca@wycombeyfc.org.uk)**

### June 2016 Issue of Outlook

*Outlook* is published on the 28th of each month, except July and December. The Editors for the June edition are Chris and Jane Tyrer. Items for inclusion should reach the Editors by email at:

[mag@hughendenparishchurch.org.uk](mailto:mag@hughendenparishchurch.org.uk)

Hand-written articles should be delivered or posted to Sylvia Clark, 'Failte', Boss Lane, Hughenden Valley, HP14 4LQ.

**PLEASE: ALL contributions to be received by 15th May. PLEASE**

## *Who's Who at St Michael & All Angels*

VICAR	Licensing 13 <sup>th</sup> July 2016	
ASSOCIATE MINISTER	The Rev'd Helen Peters	716772
CHURCHWARDENS	Brian Clark Christopher Tyrer	562801 01844 344650
PARISH CLERK & VERGER	Arthur Johnson	521471
PARISH ADMINISTRATOR	Lin Smit	462094
CHURCH NOTICES/WEBSITE	Ben Brice	445899
PCC LAY CHAIRMAN	Clare Godfrey	563296
PCC SECRETARY	Beryl Doran	711909
PCC ASSISTANT SECRETARY	Penny Austin	529596
PCC TREASURER	Ian Faulkner	451279
PCC ASSISTANT TREASURER	Arthur Johnson	521471
PLANNED GIVING SECRETARY	Arthur Johnson	521471
TASK GROUP LEADERS: COMMUNICATIONS	Jane Tyrer	01844 344650
PRAYER	Jane Tucker	534989
YOUTH	The Rev'd Helen Peters Helen Byrne (Co-ordinator)	716772 564342
MISSION	Christopher Tyrer	01844 344650
OUTREACH & SOCIAL	Frank Hawkins	565050
ALPHA COURSE - ADMINISTRATOR	Diane Hawkins	565050
ELECTORAL ROLL OFFICER	Arthur Johnson	521471
DEANERY SYNOD REPRESENTATIVES	Arthur Johnson Churchwardens	521471 See above
DIOCESAN SYNOD REPRESENTATIVE	Christopher Tyrer	01844 344650
ORGANIST AND CHOIRMASTER	Neil Brice	445899
WORSHIP LEADER	Tony Sackville	446035
TINY TOTS FUN WORSHIP	The Rev'd Helen Peters	716772
AV AND SOUND SYSTEM	Frank Hawkins	565050
SERVERS	Andrew Cole	442191
MOTHERS' UNION PARISH LINK	Ann McCarthy	712004
CAPTAIN OF BELLRINGERS	David Cornwall	714718
VALLEY FRIENDS	Jill Graves	563813
CRECHE ROTA	Jane Lomas	563629
HUGHENDEN BABY AND TODDLER GROUP	The Rev'd Helen Peters	716772
CHRISTIANS IN THE COMMUNITY	Norma Clarke	563116
FRIENDSHIP MORNING	Penny Austin	529596
CHURCH HOUSE TEAS BOOKINGS	Julia Grant	711939
CHURCH COFFEE ROTA	Sylvia Clark	562801
CHURCH FLOWERS	Jean Godfrey	522198
CHURCH BOOKSTALL	Elaine Morley	562714
CHURCH HOUSE BOOKINGS	Parish Administrator	462094
HUGHENDEN VILLAGE HALL	Christine Powell	07815 163269
NAPHILL VILLAGE HALL	Norma Clarke	563116
OUTLOOK MAGAZINE EDITORS	Sylvia Clark Bob & Jane Tucker Christopher & Jane Tyrer	562801 534989 01844 344650
MAGAZINE PRINTING	Brian Clark & Team	562801
MAGAZINE DISTRIBUTION	Hilary Farrar-Hockley	528236
SAFEGUARDING OFFICER	Jane Tucker	534989

## **Our Mission is**

**“To enable all to follow Jesus Christ”**

**We shall live out this mission through Prayer, Presence,**

**Persuasion and Proclamation by:**

**i) Leading lives centred on Jesus Christ –**

- *That is steadfastly based on the Bible and prayer*
- *That is based on Jesus' example*
- *By being ambassadors of Christ to our friends, families, neighbours and work and school colleagues.*

**ii) Being seen and known in the wider Community by**

- *Understanding the communities in which we live and seeking to be fully involved in those communities*
- *Building appropriate bridges between our Church and our community*
- *Taking every opportunity to share the Good news about Jesus Christ*

**iii) Offering and receiving spiritual and practical support and development –**

- *That is appropriate to wherever people are on their spiritual journey*
- *That is based on worship that is honouring to God and accessible and relevant to all*
- *And that is led by prayer that engages with the will of God and his purposes*

*We reprint the vacancy prayer from last month:*

**Loving Father – we ask your comfort and blessings on our ‘Minister in waiting’ Keith Johnson and his family, Rachel, Luke and Samuel, as they prepare for leaving their home in Chatham and moving to Hughenden. Guide us as we prepare to welcome them, and open**